

OCTOBER 2019

Elementary Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Scrambled Eggs & Toast **7**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Mini Waffles **1**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Biscuit Sandwich **2**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Biscuit & Gravy **3**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Long John Donut & Toast **4**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Scrambled Eggs & Toast **7**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Honey Bun **8**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Croissant Sandwich **9**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Tornado & Toast **10**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Cinnamon Roll & Toast **11**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Scrambled Eggs & Toast **14**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

French Toast Sticks w/Sausage Links **15**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Biscuit Sandwich **16**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Biscuit & Gravy **17**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Mini Donuts & Toast **18**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Scrambled Eggs & Toast **21**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Dutch Waffle **22**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Croissant Sandwich **23**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Tornado & Toast **24**
Or
Cereal & Toast
Fresh Fruit & Toast
Milk

Cinnamon Roll & Toast **25**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Scrambled Eggs & Toast **28**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Mini Pancakes **29**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Biscuit Sandwich **30**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Biscuit & Gravy **31**
Or
Cereal & Toast
Fresh Fruit & Juice
Milk

Milk Served Daily

- Skim Milk
- 1% Milk
- 1 % Strawberry Milk
- 1 % Chocolate Milk

